

Successful Transarterial Guglielmi Detachable Coil Embolization of Post-Traumatic Fistula between a Posterior Communicating Artery Aneurysm and the Cavernous Sinus

A Case Report

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Summary

We describe a case of a post-traumatic posterior communicating artery (PCoA) aneurysm-cavernous sinus fistula, which is an extremely rare complication of craniocerebral trauma, successfully treated with endosaccular coil embolization via transarterial route. Endosaccular embolization with Guglielmi detachable coils via transarterial route appears to be a feasible, effective and minimally invasive option for the treatment of post-traumatic fistula between the PCoA aneurysm with a small ostia and the cavernous sinus in the subacute phase.

Introduction

Posterior communicating artery (PCoA) aneurysm-cavernous sinus fistulae are extremely rare complications of craniofacial trauma¹⁻³. Their clinical presentation is similar to that of both direct and indirect spontaneous and post-traumatic Debrun type A carotid-cavernous fistulae (CCF)⁴.

The treatment of PCoA aneurysm-cavernous sinus fistulae has not been well described⁵. We describe a case of a post-traumatic PCoA aneurysm-cavernous sinus fistula successfully treated with endosaccular coil em-

bolization via transarterial route. To our knowledge, this is the first report on successful treatment of such fistula using endosaccular Guglielmi detachable coils (GDCs) embolization via transarterial route.

Case report

History and Examination

A 37-year-old man with a severe head injury after a traffic accident was transported to our hospital. He had been previously healthy and had no symptoms consistent with the pre-existing PCoA aneurysm. At the time of patient's arrival at the hospital, his Glasgow Coma Scale score was 5; signs of bilateral rhinorrhea and otorrhea were apparent. Emergency head computed tomography (CT) revealed bilateral frontal lobe contusion and multiple craniofacial fractures involving right petrous pyramid fractures, nasoethmoidal blowout and sphenoid bone fracture. No mass lesion or subarachnoid hemorrhage in the suprasellar cistern were noted. Subsequently, he was admitted to the department of critical care medicine for conservative management.

One month after the injury, polydipsia, hyperdiuresis, a right pulsatile exophthalmos, right conjunctival chemosis, and a retroocular bruit synchronous with the patient's pulse

gradually developed. Laboratory examination revealed urinary volume was 4000-6000 ml/24h, urinary sodium was 458 mmol/24h. He was diagnosed as multiple injury, low sodium syndrome and traumatic diabetes insipidus. In addition, a traumatic carotid-cavernous fistula was suspected. Therefore, he was transferred to the department of neurosurgery for further diagnosis and therapy.

A head non-enhanced CT and CT angiography, a head magnetic resonance examination and cerebral angiography were performed. A non-enhanced CT scan revealed a mass lesion in the right suprasellar cistern (Figure 1A). CT angiography revealed a large saccular aneurysm originating from the PCoA (Figure 1B). Coronal and sagittal reconstructions of enhanced CT images showed the pituitary stalk compression by the the PCoA aneurysm (Figure 1C,D). A T2-weighted magnetic resonance image showed a large saccular aneurysm, dilation of the right ophthalmic vein and the enlarged right cavernous sinus (Figure 2).

An initial angiogram of the right internal carotid artery (ICA) demonstrated that the cavernous sinus rapidly opacified with the engorged superior ophthalmic vein and an aneurysm was in continuity with the cavernous sinus and could not be completely separated from the supraclinoid ICA or the PCoA (Figure 3A,B). Right vertebral angiograms with simultaneous right carotid compression revealed that the cavernous sinus fistula was supplied by a large dome-shaped ruptured aneurysm with a diameter of 10 mm arising from the PCoA (Figure 3C). Thus, a post-traumatic PCoA aneurysm-cavernous sinus fistula was finally diagnosed.

Endovascular Treatment and Clinical Outcome

The patient was taken to the angiography suite for endovascular treatment of the aneurysmal cavernous fistula and aneurysm. With the patient under general anaesthesia, using the transfemoral route, a Tracker 10 microcatheter (Boston Scientific/Target, Fremont, CA, USA) was successfully positioned into the aneurysmal sac through a guiding catheter positioned in the right ICA, and one GDC (Boston Scientific / Matrix 360) -10 coil (10 mm x 30 cm) was deposited into the aneurysm. Additional GDC-10 coils (9 mm x 30 cm; 8 mm x 30 cm; 7 mm x 20 cm; 6 mm x 15 cm; 4 mm x 8 cm) were also deposited. Immediately after the procedure,

angiography demonstrated complete occlusion of the aneurysm and fistula with preservation of the ICA and the PCoA, without any drainage into the ophthalmic vein (Figure 4A-C). At clinical follow-up three days after the procedure, the patient's hyperdiuresis, exophthalmos and conjunctival chemosis had resolved. There was no filling of the fistula and recanalization of aneurysm on the follow-up angiogram at one year.

Discussion

Direct CCFs are usually a solitary communication between the intracavernous carotid artery and cavernous sinus as a result of post-traumatic tears of the ICA trunk. However, a small percentage of direct CCFs result from ruptured cavernous carotid aneurysms and systemic connective tissue disorders such as Ehlers-Danlos syndrome^{6,7}.

Unusual cases, such as traumatic aneurysm of the supraclinoid ICA in association with CCF 8, trigeminal cavernous fistulae⁸, CCF produced by ruptured aneurysm of the meningohipophyseal branch and post-traumatic fistula of the PCoA aneurysm-cavernous sinus and the PCoA-cavernous sinus have been reported^{1-3,9}.

However, to date there is only one other case report in which fistulae developed between the PCoA aneurysm and the cavernous sinus after craniocerebral injury.

Based on the anatomic relationship between the PCoA and its branches, dural branches to the cavernous sinus do not originate from the PCoA. Therefore, the PCoA-cavernous sinus fistula would not occur spontaneously⁵. However, according to the classical description of traumatic arteriovenous fistula, the PCoA-cavernous sinus fistula may develop through canalization of a thrombus or through an aneurysmal sac after severe craniocerebral injury¹⁰. In our case, the vertebral artery injection demonstrated that the PCoA aneurysm initially opacified, and then the cavernous sinus but not the supraclinoid ICA.

Additionally, right ICA injection demonstrated that an aneurysm was in continuity with the cavernous sinus and could not be completely separated from the supraclinoid ICA or the PCoA. These findings are similar to the description of fistula of the PCoA aneurysm-cavernous sinus by Tytle et al², suggesting the formation of

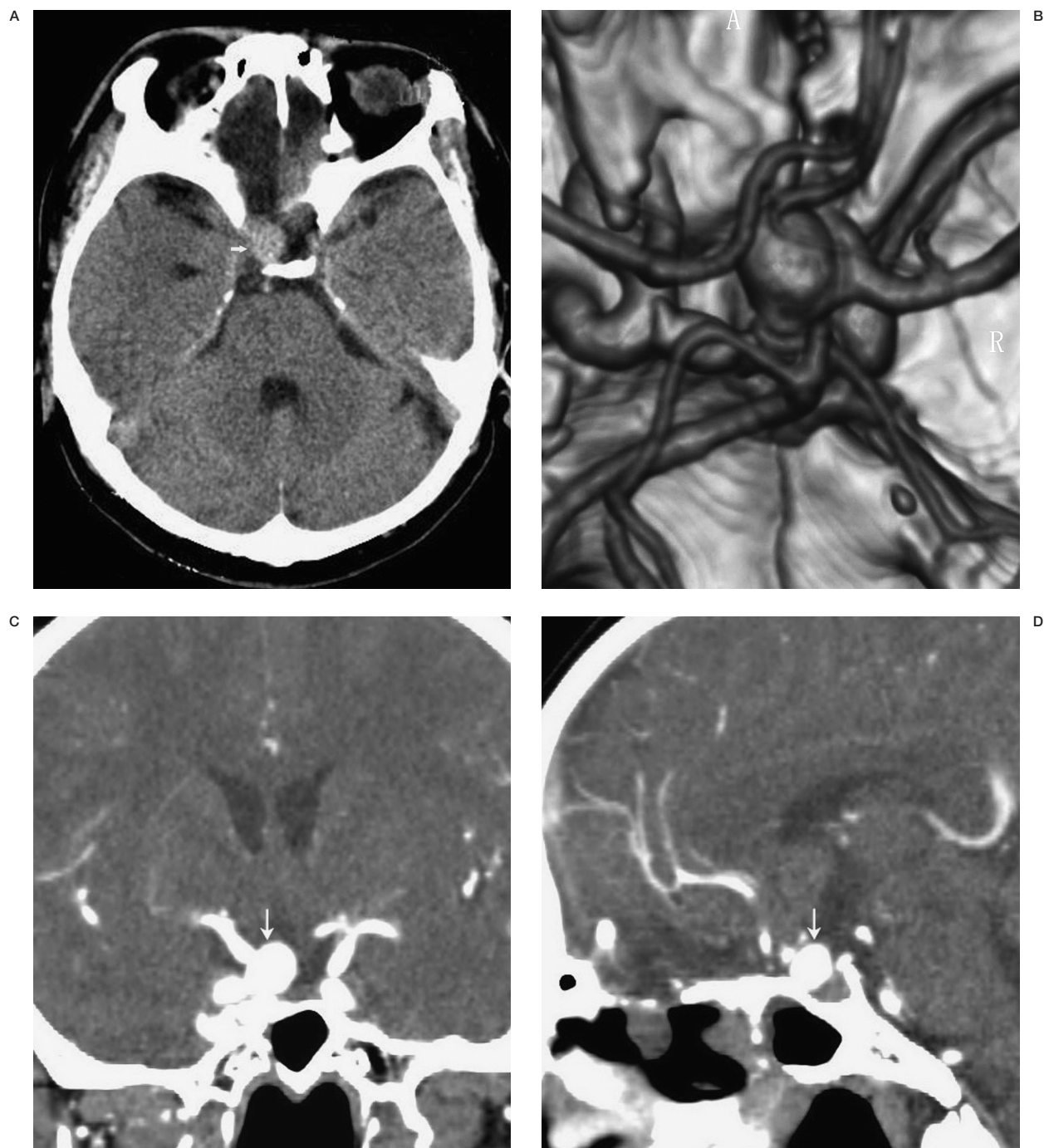


Figure 1 A) a nonenhanced CT image reveals a mass lesion (arrow) in the right suprasellar cistern. B) Volume-rendering techniques (VRT) CTA reveals a large saccular aneurysm originating from the PcoA. C,D) Coronal and sagittal reconstructions of enhanced CT images showed the pituitary stalk compression by the the PcoA aneurysm (arrow).

the PCoA aneurysm–cavernous sinus fistula.

An interesting question that arises with the discovery of an aneurysm long after craniofacial trauma is whether the lesion is a pseudoa-

neurysm secondary to the trauma or an independent preexisting lesion. In our case, although a histopathological study is lacking, we believe that the aneurysm was post-traumatic

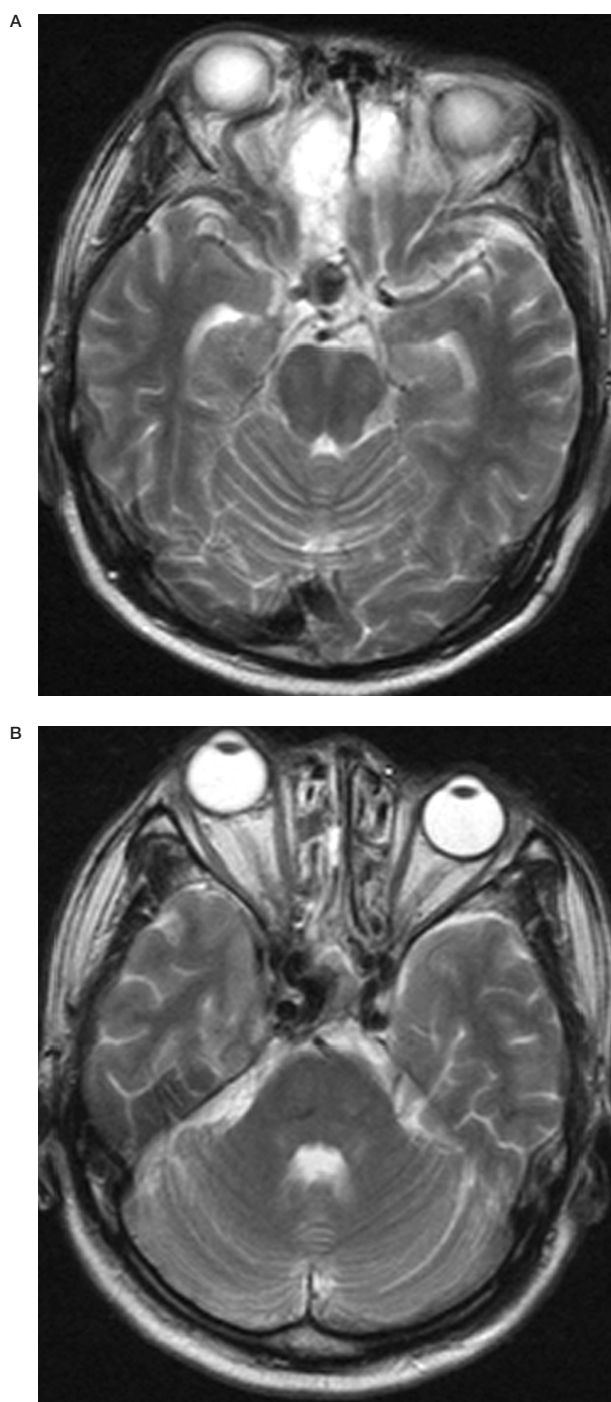


Figure 2 A,B) Axial T2-weighted magnetic resonance image shows a large saccular aneurysm (A) and abnormal flow void in the enlarged right cavernous sinus proximal (B).

in origin. Our patient had been previously healthy and had no symptoms consistent with the pre-existing PCoA aneurysm. On admission, emergency head CT did not reveal a mass

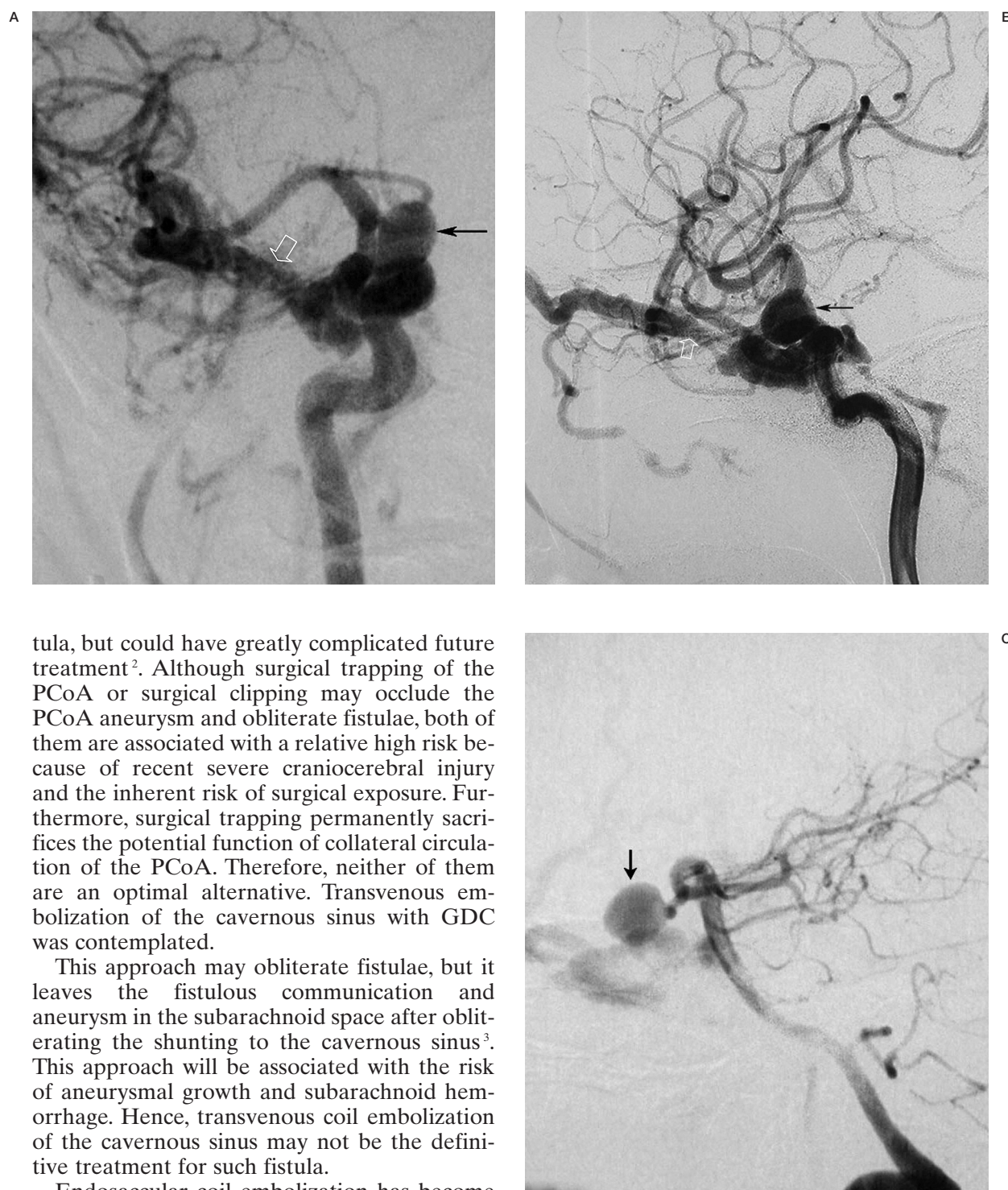
lesion in the suprasellar cistern. However, one month later, a repeated head CT examination and CT angiography revealed a large saccular aneurysm originating from the PCoA. Therefore, we consider that the PCoA aneurysm in our case is a traumatic aneurysm, rather than pre-existing the PCoA aneurysm. In addition, the angiographic characteristics of slow hemodynamics (i.e. delayed filling and emptying of the aneurysmal sac), the absence of a clear aneurysm neck and increases in size over time are indications of a post-traumatic lesion¹¹⁻¹³. In our case, the traumatic aneurysm enlarged over time and finally ruptured in a delayed fashion so that a fistula between the PCoA and cavernous sinus formed secondary to spontaneous rupture of the aneurysm.

The clinical presentation of CCF arising from the PCoA or PCoA aneurysm is similar to that of CCF from the carotid artery proper, with ocular pain, chemosis, proptosis, disorder of ocular movement, visual acuity decrease and a retroocular bruit synchronous with pulse being the common symptoms. Our case presented with hyperdiuresis, low sodium syndrome, and diabetes insipidus besides the above symptoms, which have not been previously reported. In our case, the PCoA aneurysm impinged on the pituitary stalk transporting antidiuretic hormone, leading to decreased transportation and release of antidiuretic hormone and resulting in resorption of water by renal tubule decrease and urinary volume increase.

The treatment options for post-traumatic PCoA-cavernous sinus fistulae have been well documented^{3,6}. A transarterial and a transvenous route with GDC have been successfully used to treat post-traumatic PCoA-cavernous sinus fistulae^{1,3}.

However, thus far the treatment of PCoA aneurysm-cavernous sinus fistulae has not been well described. There is only one case report in which a post-traumatic direct fistula between a PCoA aneurysm and the cavernous sinus was treated by performing proximal anterior clip ligation of the PCoA². In that case, this procedure failed to exclude the fistula because of residual flow from the posterior cerebral artery.

In our case, surgical ligation of the ICA and endovascular therapeutic carotid occlusion was not contemplated because such a procedure not only would have failed to obliterate the fis-



tula, but could have greatly complicated future treatment². Although surgical trapping of the PCoA or surgical clipping may occlude the PCoA aneurysm and obliterate fistulae, both of them are associated with a relative high risk because of recent severe craniocerebral injury and the inherent risk of surgical exposure. Furthermore, surgical trapping permanently sacrifices the potential function of collateral circulation of the PCoA. Therefore, neither of them are an optimal alternative. Transvenous embolization of the cavernous sinus with GDC was contemplated.

This approach may obliterate fistulae, but it leaves the fistulous communication and aneurysm in the subarachnoid space after obliterating the shunting to the cavernous sinus³. This approach will be associated with the risk of aneurysmal growth and subarachnoid hemorrhage. Hence, transvenous coil embolization of the cavernous sinus may not be the definitive treatment for such fistula.

Endosaccular coil embolization has become an accepted therapeutic option for the treatment aneurismal carotid cavernous fistulae¹⁴⁻¹⁶. In our case, although the PCoA aneurysm was not a true aneurysm, the aneurysms had relatively small ostia. In this situation, the delivered coils were stabilized, absorbed the hemody-

Figure 3 A,B) Right internal carotid angiograms (A, anteroposterior view; B, lateral view) show rapid opacification of the cavernous sinus supplied by the ruptured posterior communicating artery aneurysm, the engorged ophthalmic vein. C) Right vertebral angiogram (C, lateral view) shows the cavernous sinus fistula supplied by the ruptured posterior communicating artery aneurysm.

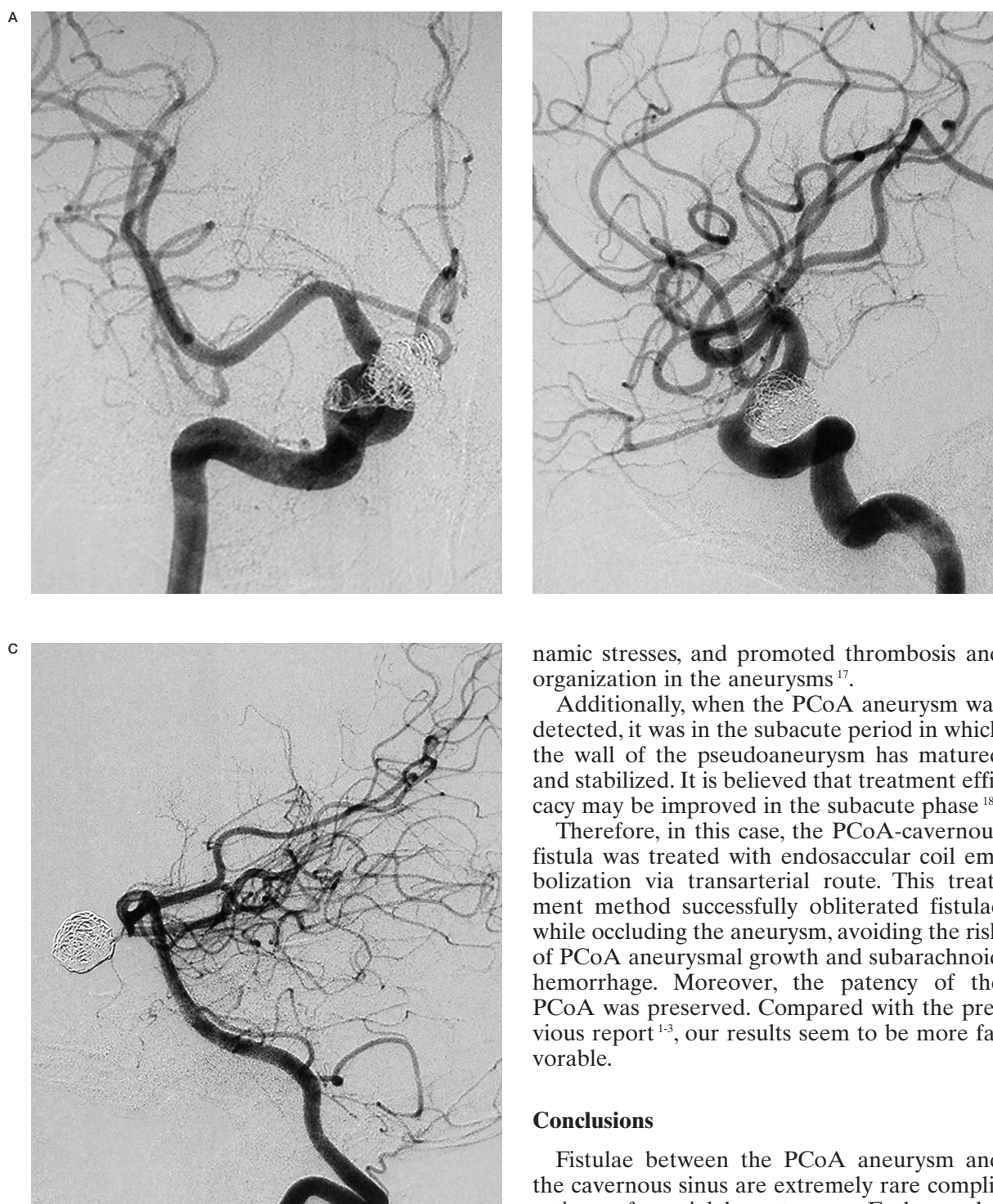


Figure 4 A,B) Right internal carotid artery angiograms immediately after the procedure (A, anteroposterior view; B, lateral view) demonstrate complete occlusion of the aneurysm and fistula with preservation of the internal carotid artery. C) Vertebral angiogram (C, lateral view) demonstrates complete occlusion of the aneurysm and fistula with preservation of the PCoA.

dynamic stresses, and promoted thrombosis and organization in the aneurysms¹⁷.

Additionally, when the PCoA aneurysm was detected, it was in the subacute period in which the wall of the pseudoaneurysm has matured and stabilized. It is believed that treatment efficacy may be improved in the subacute phase¹⁸.

Therefore, in this case, the PCoA-cavernous fistula was treated with endosaccular coil embolization via transarterial route. This treatment method successfully obliterated fistulae while occluding the aneurysm, avoiding the risk of PCoA aneurysmal growth and subarachnoid hemorrhage. Moreover, the patency of the PCoA was preserved. Compared with the previous report¹⁻³, our results seem to be more favorable.

Conclusions

Fistulae between the PCoA aneurysm and the cavernous sinus are extremely rare complications of cranial base trauma. Endosaccular embolization with GDC via transarterial route appears to be a feasible, effective and minimally invasive option for the treatment of post-traumatic fistula between the PCoA aneurysm with a small ostia and the cavernous sinus in the subacute phase.

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